

CHARLES P. ALLEN HIGH SCHOOL

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COMMUNICATION #4

September 22-26, 2025

Good evening C.P. Allen Students and Families:

A lot of great things are now underway with student life at CPA. We have many sports teams up and running now and we just held our Clubs Fair this week to give students the opportunity to join the many wonderful clubs that CPA has to offer. We encourage our students to get involved in school life at CPA to have a well-rounded high school experience.

School Advisory Council is Looking for Student Reps

We are looking for interested students who would like to sit on the School Advisory Council (SAC). The SAC comprises of students, staff, parents and community members to help shape Charles P. Allen High School.

We are looking for one grade 10 representative, one grade 11 and one grade 12.

Interested students should fill out the form linked below with the following:

-First and Last Name

-Grade

-A bio about yourself. (Keep in mind that this bio may be shared with the student body if more than one student per grade is interested and we need to go to a student vote.)

Students must log into their GNSPES to [access this form](#). **Deadline for submissions is October 1 3:30pm.**

Terry Fox Fundraisers

We have some fun fundraising events leading up to the CPA Terry Fox Run/Walk. See below:

Monday, Sept. 22nd - Relay Race on the field at lunch

Tuesday & Wednesday, Sept. 23 & 24 - Flag Football - 5v5 on the field at lunch

Friday, Sept. 26th - Mini games on the stage at lunch

Wednesday, Oct. 1st - Student vs Teacher Dodgeball in the gym at lunch

Thursday, Oct. 2nd - Bake Sale in the Student Exchange

Monday, Oct. 6th - Terry Fox Run during B block (approx. 11:10am) - (more info and route information will be shared closer to the date)

School Picture Re-Take Day

Picture retakes are scheduled for October 10th, 2025. If a student missed picture day or they would like a retake, they may have your photo taken on this day.

Demographic Form Updates

Recently, a notification email regarding the HRCE Demographic Updates Form was sent. This online form allows parents/guardians to make updates to demographic information for students and will now replace the paper forms that used to be sent home each school year.

We ask that you please log into your PowerSchool Parent Portal and complete this form by October 6, 2025.

Homework Hub

Homework Hub is a great resource to students looking for Math help.

Nova Scotia HomeworkHUB

APPLI aux devoirs Nouvelle-Écosse

NEED HELP WITH A MATH QUESTION?

GNSPES Access
Click the **Nova Scotia Homework Hub icon**

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5:30 - 7:30 p.m.

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Nova Scotia HomeworkHUB

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Student Insurance Program

The **School Insurance Program** is a *not-for-profit* organization that manages all aspects of property and casualty-related insurance for the Regional Centres for Education of Nova Scotia, Conseil scolaire acadien provincial (CSAP), and the Nova Scotia Community College (NSCC).

[Click here for information on the Student Insurance Program.](#)

Join us in observing National Day for Truth and Reconciliation

Each year on September 30, National Day for Truth and Reconciliation honours the children who didn't return from residential schools, as well as survivors, their families, and communities.

Orange Shirt Day, led by Indigenous communities, aims to raise awareness about the inter-generational impacts of residential schools and allows us all to show our support for the Every Child Matters movement.

As there are no classes on Monday, September 29 and Tuesday, September 30, we welcome staff and students to wear orange on Friday, September 26.

Important Dates:

- **September 22** - Terry Fox Relay Race on the field at lunch
- **September 23** – Terry Fox Flag Football Fundraiser on the field at lunch
- **September 23** – Acadia University at CPA during Lunch for interested grade 12s
- **September 25** – Outdoor Movie Night for students
- **September 25** – Saint Mary's University at CPA during lunch for interested grade 12s
- **September 26** – Observe Orange Shirt Day
- **September 26** – Terry Fox Fundraiser Mini Games on Stage at lunch

This week's Feature Follow is: CPA Athletics

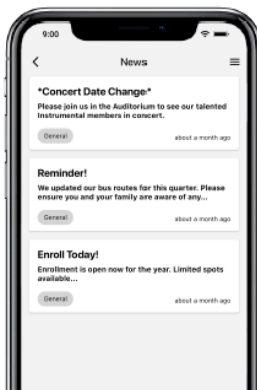
For all things CPA Athletics, visit their website linked below, or follow them on Instagram at **cpaathletics**.

Website: <https://sites.google.com/gnspes.ca/cpaathletics/home>

Andrea Doucette, (Acting) Principal



CHARLES P. ALLEN HIGH SCHOOL



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for Free
Today!**

