



CHARLES P. ALLEN HIGH SCHOOL

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Phone: 902-832-8964 / cpah@hrce.ca

COMMUNICATION #18

January 19-23

Hello C.P. Allen Students and Families:

Below, you will find news and events for the week of January 19-23 at CPA. Have a great week!

Important Yearbook Information

Graduation Photos for Yearbook

Any grade 12 students who have had their graduation photo taken outside of the school should upload their photo to be included in the yearbook here -> <https://linktr.ee/cpayearbook26>

Time is Running Out to Order Your Yearbook

Time is running out to order your yearbook. There are only a limited number of yearbooks left. Once they run out, they will no longer be available for purchase. Orders can be made here -> <https://linktr.ee/cpayearbook26>

Graduation Photo Sessions

Grade 12s who wish to have their grad photo re-taken or who have not yet had their graduation photo taken, the photographer will be back at CPA February 2 and 3. This will be the last time the photographer will be coming to CPA for this year. Book your session here ->

http://www.calnenphotography.com/booking_calendar/charles_p_allen_high_school_grad_portraits_2025-2026/

January Final Assessments (Exams)

Our January exam schedule has now been posted on our website, Google Classrooms and in our CPA App. Please have a look at the [schedule here](#) along with [student exam procedures](#).

Charles P. Allen High School Final Assessment Information for Parents/Guardians

Purpose of Final Assessments

Final assessments assess students' understanding and application of the concepts and skills related to the expected learning outcomes for a subject or course. They can take many forms, including, but not limited to, presentations, portfolios, interviews, and examinations.

If an examination is the chosen format for a final assessment, it must take place during the timeframe specified by EECD.

Final Assessments (not in the form of an Examination)

Specific subjects and teachers may complete final assessments during regular class times the week prior to the Summative Assessment (Examinations) period (January 28 & 29) as outlined in the provincial school calendar. Individual teachers will be communicating additional information to students and families. These assessments provide valuable information on student achievement of the learning outcomes. It is important that students be present for these assessments, as they cannot be easily rescheduled.

Students must attend all classes during this time. Completing a final assessment that is not an examination does **not** mark the end of the course—attendance is still expected for all scheduled classes.

If your child will be absent, please contact their classroom teacher right away or reach out to a Vice Principal:

- Richard Barry (surnames A-D) rbarry@hrce.ca
- Scott Craig (surnames E-La) scraig@hrce.ca
- Tara Arseneau (surnames Le-P) tarseneau@hrce.ca
- Jamie Taylor (surnames Q-Z) jtaylor@hrce.ca

Final Assessment (Examination)

Final assessments in the form of an examination will take place on **January 28th and 29th**. Students are expected to attend all classes leading up to examinations.

The Nova Scotia Examination (NSE) English 10 is a provincial standardized exam that assesses students' achievement of English 10 curriculum outcomes and counts for 20% of their final course grade. This will be written during class on **Monday, January 26th and Tuesday, January 27th**.

The detailed schedule (including dates, times, teachers, and room numbers) for Final Assessments (examination) will be provided to the community in January.

If your child will be absent for their exam, please contact their Vice Principal:

- Richard Barry (surnames A-D) rbarry@hrce.ca
- Scott Craig (surnames E-La) scraig@hrce.ca
- Tara Arseneau (surnames Le-P) tarseneau@hrce.ca
- Jamie Taylor (surnames Q-Z) jtaylor@hrce.ca

Student Reminders

- **Attendance:** Students are expected to attend all classes leading up examinations. Students must be in class. They cannot be in the building and not in class.
- **Academic Integrity:** Students may not have phones, smartwatches, or other electronic devices at their desks during assessments.
- **Be Prepared:** Get a good night's rest and eat a healthy breakfast or lunch! The school will have snacks on hand as students arrive for exams.
- **Textbooks:** All textbooks for semester 1 courses should be returned to the library after students final summative assessments.

Snow Days

If school is closed due to weather during the exam days (January 28th or January 29th), the exam schedule will be adjusted.

Timeline for Additional Details

Teachers will email families with specific dates, formats, and expectations for their course assessments in January.

Please encourage your child to reach out to their teacher directly with any questions.

Thank you for your continued support!

We wish all students the very best as they prepare for final assessments and finish the semester strong.

Course Selection for 2026/2027

The CPA School Counselling Team is getting ready for 2026/2027 course selection. On January 21, CPA will host a course selection presentation for incoming grade nine parents beginning at 6:00pm. Then, during the week of January 26 – 30, school counsellors will visit Rocky Lake Junior High to give course selection presentations with the students.

In February, the CPA School Counselling Team will be visiting our grade 10 and 11 students in class to go over course selection. On February 19th, CPA will host a course selection presentation for parents of grade 10s and 11s at 6:00pm.

Parent Meeting for Quebec Trip 2026

There will be a parent information meeting for students interested in the 2026 Québec trip (grade 10 and 11 students) at 7pm on Wednesday, February 4th (after Curriculum Night).

Explore Program

Students ages 13 and up who are interested in learning French or improving their French through cultural, social, and tourist experiences are invited to learn more about the Official Language program, *Explore*. Programs are offered in age-appropriate groups: 13-15, 16-17, and 18+.

Explore is an intensive immersion program offered in the spring and summer in exciting locations across the country, from Halifax to British Columbia. Sessions are held at accredited institutions, and students live on campus or with local host families. Tuition, meals and lodging, workshops and cultural activity costs are government funded. Families are responsible for paying for travel expenses, optional activities and personal spending money.

Application deadline is February 3. For more information, click the links below.

- *Explore* website (About, Testimonials, FAQs): [Here](#)
- *Explore* information documents: [Here](#)

Parking and Student Drop Off Reminders

Students may only park in the student parking lot (by the modular) and not in any staff parking lots.

Also, please ensure, when dropping off students, that they are being dropped off in the lower parking lot. For safety reasons, students should not be dropped off in the upper parking lot.

February 12: Something in Healthcare: Pathways to Meaningful Careers in Nova

Scotia

Nova Scotia Health will once again be hosting a 'Something in Healthcare' webinar on **February 12, 2026 beginning at 6:30PM.**

Students can register here: <https://events.teams.microsoft.com/event/e6f4aed7-e27b-4f4e-9a57-4936d6ef42bd@8eb23313-ce75-4345-a56a-297a2412b4db>

Dalhousie NS Youth, Nature and Wellbeing Survey

- ☐ **Are you** PASSIONATE about **NATURE**?
- ☐ **Are you** between the ages of 13-18?
- ☐ **Are you** currently living in Nova Scotia?
- ☐ Finally, **are you** interested in making a difference towards nature access for youth in NS?

If you answered YES, Dalhousie has a unique study opportunity for you! **JOIN the:** [Nova Scotia, Youth, Nature and Wellbeing Survey!](#)

My name is Maddie, and I am a student at Dalhousie University. I am working on a project led by researchers in the School of Health and Human Performance called **Outdoor Health**, which looks at **access to nature for young people** like yourselves in Nova Scotia. The results of this study will help us to inform professionals in recreation, healthcare, and others on how they can make nature accessible to youth!

For this study, you will be asked to participate in an **anonymous online survey**. It will take around 20 minutes and can be completed anywhere on any device (e.g., phone, tablet, or computer). The survey will ask you to complete a series of questions about nature and wellbeing.

It is completely up to you if you would like to participate. All the information will be kept **anonymous**, meaning I will not be able to know which survey response is yours. The answers from the survey will be kept between myself and the Outdoor Health team and stored on a secure, online database. When we see or share the results, all the data will be anonymous (e.g., the survey does not ask for your name).

If you participate in this survey, you will have the option to enter a **draw** to win one of 23 e-gift cards (3 x \$100 and 20 x \$20). The email provided for the draw will not relate to your survey responses.

If you would like to participate, please follow this link: <https://surveys.dal.ca/opinio/s?s=81773>

If you have any questions, feel free to email outdoorhealth@dal.ca! The information I shared is summarized in the attached poster. We also have an Instagram page where you can follow along for project updates [@outdoorhealth.ns](#). Please feel free to share this with your friends!

The Outdoor Health NS Team

Online Platform Risks from Unplugged Canada

Many digital platforms today, including social media, online gaming and AI chat tools, are designed to keep kids scrolling and engaged, often exposing them to addictive features, adult content, and interactions they may not be developmentally ready to handle.

Below is a resource that outlines some of the most common social media, gaming, and AI chat platforms, helping families better understand the risks, start meaningful conversations at home, and consider delaying smartphones and access to these apps until kids are more developmentally ready.

You can access the full resource [here](#).

Unplugged Canada is a parent-led, national movement advocating for healthier childhoods by delaying smartphones and social media until kids are more developmentally ready. Join thousands of Canadian families choosing to delay by taking the Unplugged Canada Pledge at unpluggedcanada.com/sign-pledge.

Important Dates:

January 21: University NB is visiting CPA at noon for interested students. On the spot admissions (fee waived).

January 21: Grade 9 Parent Course Selection Information Evening at 6pm

January 19-27: Final Assessments (In Class Format)

January 27: International Holocaust Remembrance Day

January 27: Family Literacy Day

January 28: Final Assessments (Exam Format)

January 29: Final Assessments (Exam Format)

January 30: Assessment and Evaluation Day (no classes)

February 2: Semester 2 begins

Have a wonderful week!

Andrea Doucette, (Acting) Principal