



CHARLES P. ALLEN HIGH SCHOOL

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COMMUNICATION #33

May 4-8, 2026

Hello C.P. Allen Students and Families:

Here is what is happening this week.

Important Dates:

May is Asian Heritage Month, Canadian Jewish Heritage Month and Polish Heritage Month!

May 5: Red Dress Day (assembly)

May 5: CPA Awards/Scholarship Application for grade 12s due at 4pm

May 7: Black Legacy Assembly

May 7: Black Legacy Night – All are invited!

May 10-16: Education Week

May 12: Application to Graduate and Grad Fees for grade 12s due 4pm

May 12: Valedictorian Application for interested grade 12s due at 4pm

May 13-14: Country Track Meet for CPA Track and Field Students

May 15: Black Excellence Day

May 17: International Day against Homophobia, Transphobia and Biphobia

May 18: Victoria Day (no classes)

Graduation Information

We kicked off graduation season with our grade 12s at the graduation breakfast and information meeting on April 30. Linked below is all of the important graduation information and due dates.

- Graduation [Information Handout](#) and [PowerPoint Presentation](#)
- All students must complete and submit the [Application to Graduate Form by May 12](#).
- The [CPA Awards/Scholarships Application](#) must be **submitted by May 5**.
- [Valedictorian Form](#) (for those interested) must be **submitted by May 12**.
- Grad fees \$50 must be submitted by May 12 and can be paid cash or cheque to Ms. Lowe in the School Counselling Office, or online
here: <https://hrce.schoolcashionline.com/Fee/Details/45677/319/False/True>
- Students not attending grad only have to pay \$10 cash or cheque to Ms. Lowe.

Scholarships

We would also like to remind grade 12s that there is a lot of scholarship information being posted to the Class of 2026 Google Classroom. These are great opportunities for you to apply and receive extra money toward your tuition.

Grad Sweaters

A reminder that grad sweaters are now available to order. Class of 2026 Grad Sweater Orders will be accepted until May 8th at the following link: https://stores.inksoft.com/charles_p_allen_high_school_cla/shop/home.

Black Legacy Night

You're invited to join us for a special evening of celebration and community at the CPA Black Students' Association Cookout: Black Legacy Night!

This event is a fundraiser supporting BSA's first ever scholarship fund, and we welcome all families, friends, and neighbours to come out and be part of this meaningful occasion.

There will be raffle tickets sold during the event to win a basket with some BSA merchandise, \$100 gift card to Mary's African Cuisine, TREV-Clothing brand merchandise and more.

Event Details:

Date: May 7th

Time: 6:00 PM – 8:00 PM (doors, open as earlier as 5:30PM)

Location: Charles P. Allen High School

Ticket Information:

- \$5 – General Entry
- \$7 – Admission + Food

Come celebrate Black culture with us through an evening filled with performances, food, drinks, and fun. It's a wonderful opportunity to connect as a community while supporting our students and their future.

We hope to see you there!

Red Dress Day (May 5)

National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People (MMIWG2S)

May 5, 2026, marks the National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People (MMIWG2S). Schools are invited to acknowledge this important day through age-appropriate learning, reflection, and acts of solidarity that honour the lives of those who have been lost and support healing for families and communities.

We will be holding an assembly on **Tuesday, May 5th**, for classes who choose to sign up, in recognition of Red Dress Day. The assembly will take place before lunch in the cafeteria during A block.

Roberta Hibbert will be presenting on Murdered and Missing Indigenous Women, Girls, and Two-Spirit people (MMIWG2S+). Following the assembly, Arlea Walsh will be available at lunch to offer smudging for students who wish to participate.

On May 5th, please wear "red" in solidarity of the Red Dress Movement.

- More information, please click [here](#) (Jaime Black Metis Artist)
- May 1 (1:30-3:00 p.m.) [Virtual Session](#)

Black Excellence Day 2026

May 15 is Black Excellence Day!

Black Excellence Day 2026 in Nova Scotia is an opportunity for schools to reflect on the learning and exploration of Black people and culture over the past year. It recognizes, celebrates, and supports learning from the

achievements, contributions, and leadership of Black individuals and communities. More than a single-day celebration, Black Excellence is the recognition of meaningful steps toward strengthening inclusive learning environments where all students see themselves reflected in curriculum materials, through the stories we tell and the histories we honour.

The purpose of celebrating Black Excellence in our schools and classrooms is to affirm students' identities, build confidence, and inspire futures by highlighting the role Black people have made in education, science, arts, leadership, and community advocacy. It reflects and celebrates thoughtful conversations in schools about equity, representation, and the ongoing work to remove systemic barriers. This moment of reflection also invites educators and school communities to consider how Black Excellence is represented within their own classrooms and learning spaces. For some, this may affirm intentional work already underway; for others, it may serve as an opportunity to begin or deepen this practice. Black Excellence Day reminds us that this work is ongoing, and that there is always time to plan, reflect, and be deliberate in ensuring all students see themselves meaningfully reflected in our schools.

We welcome everyone to wear a “black” shirt, if you’re able, on May 15 to show your support for Black Excellence Day!

CPA Europe Trip 2027

Europe 2027 - Paris, Normandy, Vimy 110, Amsterdam

April 4, 2027 -April 12, 2027

Interested students and their parents/guardians can visit the link below for more information.

[Vimy 110: Canada & The World Wars | EF Educational Tours Canada](#)

Shout Outs

A shout out to the **Bedford Lions Club**, we kindly thank you for your \$3,000 donation toward our CPA Award/Scholarship Fund. This fund provides graduating student with monetary support toward their post-secondary tuition. Any businesses or individuals interested in donating to this fund can email Tara Aucoin at taucoin@hrce.ca.

CPA Athletics

Badminton

Congratulations to the CPA Intermediate Badminton Team on winning gold and to our CPA Senior Badminton Team on winning silver at the provincial championships.

Track and Field

Good luck to our CPA Track and Field students who will be participating in the County Track Meet on May 13 and 14, Regional Track Meet on May 20 and 21, and Provincial Track Meet on May 29 and 30.

CPA Student Council

Council Rep Elections for 2026/2027 are underway. We are excited for our new council crew to come together once elections are over.

International Theme Week will take place from May 19-22. Stay tuned for each day’s theme!

Let's Talk Careers

On May 13, from 7-8pm, a virtual "Let's Talk Careers" Webinar will take place with Alisha, Kyle and Eleana (your Nova Scotia Works School Liaisons) from Job Junction. This session is for anyone working with or mentoring youth (parents, guardians, other family members, service providers, educators, etc.)

We will look at strategies for better career conversations with youth, Labour Market Information specific to Nova Scotia, and much more! Space is limited! Register here: <https://forms.gle/YVMwNw4yYRbVf3R66>

Career Exploration and Employment

Our Nova Scotia Works School Liaison, Eleana Vavasour will be at CPA on Mondays in the Schools Plus Office to help with resume building, interview skills, job search, career exploration, and workplace expectations. Students are welcome to [book an appointment with Eleana here](#).

Have a great week.

Stephanie Bird
Principal