

COMMUNICATION BULLETIN

CHARLES P. ALLEN HIGH SCHOOL

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COMMUNICATION #5

September 20th, 2026

Good evening C.P. Allen Students and Families:

Monday, Sept 21: Dal Engineering at CPA during lunch in room 306 for interested students

Monday, Sep 21: UNB at CPA during lunch in the Student Exchange Area for interested students

Wednesday, Sept 23: Lockdown Drill D Block

Tuesday, Sept 22: Mount Allison at CPA during lunch in the Student Exchange Area for interested students

Wednesday, Sept 23: University of King's College at CPA at lunch in the Student Exchange for interested students

Wednesday Sept 23: Outdoor Movie Night

Friday, Sept 25: Professional Development Day (no classes)

Wednesday, Sept 30: Truth and Reconciliation Day (no classes)

LOCKDOWN DRILL

We will be holding our first lockdown drill on September 23rd, 2026 during D block. During this drill all students must follow the direction of the teacher in charge. If you are out of your classroom during a lockdown announcement, go to the nearest room.

CAFETERIA SERVICE

The ordering window opens on:

Friday, September 25th, 2026

The ordering window closes on:

Wednesday, September 30th at noon

Need help with how to order school lunches? [Click here.](#)

We served 700 meals each day this week. Our cafeteria staff are amazing. It is important for students (families) to place their orders during the ordering window, so we don't run out of food. We will send out notifications to remind you.

GRADE LEVEL ASSEMBLIES

We held very successful grade level assemblies this week to introduce staff members that your student should / might need to know as well as sharing our behaviour expectations. As many of you are aware, we have very high expectations for our students, and they have showed us so far this school year they are rising to the occasion. We are so fortunate.

On Friday, when the bell rang to go to class after lunch, I turned around and there was only 1 food container left on the table in our cafeteria. All students eating in the cafeteria and Student Exchange placed their food containers in the compost! This is impressive!

ORDERING SCHOOL PHOTOS

Below is the link to the Charles P. Allen High School 26-27 photo gallery on the Calnen Photography website, which

[Charles P. Allen High School 26-27](#)

Once student photos are uploaded, everyone who has registered will automatically receive an email notification.

TERRY FOX RUN/WALK

Fundraising for the Terry Fox Run/Walk has begun! Any class that raises a minimum of \$100 will be eligible to win a pizza party donated by Kenny's Pizza. The Terry Fox Run will be on Thursday, October 1st before lunch (which will be a C block).

SCHOOL ADVISORY COUNCIL IS LOOKING FOR STUDENT AND PARENT REPS

We are looking for interested students and parents who would like to sit on the School Advisory Council (SAC). The SAC is comprised of students, staff, parents and community members to help shape Charles P. Allen High School.

We are looking for:

- one grade 10 student representative
- one grade 11 student representative
- one grade 12 student representative
- three CPA parent representatives.

Interested individuals should fill out the appropriate linked form below with the following:

Student Reps

-First and Last Name

-Grade

-A bio about yourself. (Keep in mind that this bio may be shared with the student body)

If more than one student per grade is interested, we will be holding a vote.

Students must log into their GNSPES to access this form.

Student Representative Form

Parent Reps

-First and Last Name

-Name of your CPA Student:

-A bio about yourself. Keep in mind that this bio may be shared with the parent community. If more than three parents are interested, we will be holding an online vote.

Parent Representative Form

Deadline for submissions is September 25 at 3:30pm.

If we have more submissions than the required number of representatives needed, a vote will be held on **September 29th**. Successful candidates will be notified by the end of the day on September 29th.

GRADE 12 COUNSELLOR CLASS VISITS

School Counsellors will begin visiting Grade 12 classes from **September 22 to October 2** to provide important information and guidance as students prepare for life after high school.

During these visits, counsellors will review **university, college, and private post-secondary options**, including admission requirements, application procedures and deadlines, transcripts, and how admission averages are calculated. Students will also learn about **NSCC programs and applications, scholarships and awards, student loans, U.S. university applications**, and resources for exploring post-secondary and career options.

Students are encouraged to begin researching programs and their specific admission requirements early, as deadlines and criteria vary between institutions. Students who have questions or need individual guidance are encouraged to **book an appointment with their School Counsellor**.

CPA STUDENT COUNCIL

We are excited to announce that our first big event of the school year is coming up! Our Outdoor Movie Night will take place on Wednesday, September 23rd from 7 to 9 PM. If you are picking up your child, please plan to arrive by 9:15. This year's featured movie is RIO! The evening will begin with a fun preshow at 7:00, followed by the movie.

Admission is FREE, but students are encouraged to bring money if they would like to purchase food from the food truck. Students must have their student ID to enter the event.

Please remember to dress appropriately for the weather and feel free to wear something colourful to celebrate Blu and his journey! Students should also watch for our lunchtime event leading up to the movie night. All event updates and information will be posted on our student council Instagram. We look forward to seeing our cheetahs there!

CPA ATHLETICS

You can find the schedule of games and practices on the [Athletics Calendar](#).

STUDENT INSURANCE PROGRAM

The **School Insurance Program** is a *not-for-profit* organization that manages all aspects of property and casualty-related insurance for the Regional Centres for Education of Nova Scotia, Conseil scolaire acadien provincial (CSAP), and the Nova Scotia Community College (NSCC).

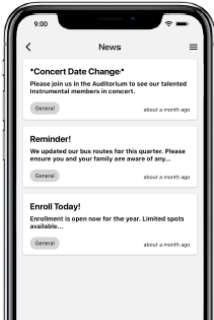
[Click here for information on the Student Insurance Program.](#)

CPA APP

Get up-to-date news, notifications, and upcoming events by downloading the CPA App. Just look for CPA High School Nova Scotia in the app store and download it for free!



CHARLES P. ALLEN
HIGH SCHOOL



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Have a great week!

Stephanie Bird, Principal